



***WayAhead Mental Health Promotion Reference
Group***

**Request for Expressions of
Interest (REOI)**

Issue Date: 9/03/2018

Submission Deadline: 5pm 06/04/2018

Request To: Mental Health Professionals/community advocates

A. INTRODUCTION

WayAhead is NSW's leading Mental Health Promotion organisations, with a history dating back over 85 years. WayAhead plays a vital role in the development of mental health initiatives and the provision of information, support and advocacy that increase community awareness and knowledge of mental health issues. We champion the wellbeing of all people, particularly their mental health and dignity, through education, information, support, and advocacy.

The Mental Health Promotion Reference Group provides consultation, collaboration, and innovative ideas to assist WayAhead's promotion initiatives, and to ensure that WayAhead is culturally aware, and able to consider the needs of marginalised people. The group is essential to the ongoing success, not only of WayAhead, but mental health promotion in NSW more generally.

We favour a person-centred, community consultative approach, and the MHPRG assists us in making sure the most vulnerable in our communities are heard.

WayAhead is seeking EOIs for the MHPRG. We acknowledge community members as having expert knowledge essential to effective mental health promotion, and that effective health promotion can only happen when communities are involved in all stages of the process. Additionally The reference group has the opportunity to inform new and creative approaches to mental health promotion.

EOIs must be tendered by COB on the 6th of April, 2018.

B. THE OPPORTUNITY

The Mental Health Promotion Reference group is currently seeking four additional members. Members will have the opportunity to help develop mental health promotion strategies and provide feedback on current strategies. Members are expected to advocate for the communities they represent, both personally, and professionally, and this advocacy will be seen by WayAhead as genuine cultural expertise.

Members are expected to attend quarterly meetings (either in-person or via teleconference by prior arrangement), as well as engage in regular email contact as required.

C. SUBMISSION REQUIREMENTS

Eligibility requirements (Applicants should fulfil one or more)

- Experience working in Mental Health or related field
- Experience working with identified communities (Aboriginal and Torres Strait Islander, CALD, Youth, LGBTIQ+), or experience with other high-needs communities (rural, regional, remote; people with lived experience of mental illness)
- Preference is given to people who are members of these communities (including people with lived experience of mental ill-health and their families/supports)
- Understanding of Mental Health Promotion

Submission of EOI

To submit an EOI, please email a brief description of your relevant experience and expertise, as well as a brief statement as to why this project is of interest to you.

All Submissions must be made by 6th April, 2018

Please email submissions and enquiries:

asha.zappa@wayahead.org.au

Next steps

After receipt of your EOI, WayAhead will sort all applications, and directly offer MHPRG positions. Interview may be required, and all applicants will be notified of the outcome of their EOI.

MHPRG Terms of reference

1. Role/Purpose

The role of the WayAhead Mental Health Promotion Reference Group [MHPRG or “Group”] will provide strategic input and consultation to ensure that the Mental Health Promotion activities undertaken by WayAhead represent the best interests of our target audiences and the wider population.

WayAhead sets out to be leaders in innovative, culturally competent, evidence-based mental health promotion.

2. Term

This Terms of Reference is effective from April 2018 and will be reviewed in March 2019

3. Membership

The Mental Health Promotion Reference Group will comprise:

- Asha Zappa, WayAhead
- Esther Pavel-Wood, Consumer Representative
- Caitlin Bambridge, ACON
- Gill Murphy, School of Nursing and Midwifery, USYD
- Jenice Alliston, Central Coast Mental Health Service
- Amanda Shaw, Hunter, New England LHD
- Dr Husna Razee, School of Public Health and Community Medicine, UNSW
- Michele Sapucci, Transcultural Mental Health Centre
- Sara Bartlett, Hunter Institute of Mental Health
- Rowena Saheb, Western Sydney University
- To be filled
- To be filled
- To be filled
- To be filled

4. Roles and Responsibilities

The advisory group is accountable for:

- Fostering collaboration
- Fostering a community-centred approach to Mental Health Promotion
- Ensuring that WayAhead centres the opinions and expertise of target communities in the implementation and promotion of Mental Health Month
- Assisting WayAhead to meet its Strategic Goals, including, but not limited to, commitment to social justice, and innovative approaches to Mental Health Promotion
- Providing expert consultation in Mental Health Promotion

The membership of the advisory group will commit to:

- Attending scheduled meetings either in-person or via pre-arranged telephone conferencing
- wholeheartedly championing WayAhead, and WayAhead’s Mental Health Promotion projects within and outside of work areas
- sharing all communications and information across all Network/Advisory Group members

Members of the advisory group will expect:

- That each member will be provided with complete, accurate and meaningful information in a timely manner
- To be given reasonable time to make key decisions
- To be alerted to potential risks and issues that could impact the group, as they arise

- Ongoing evaluation to verify the overall status and 'health' of the Group.

5. Meetings

All meetings will be chaired by Asha Zappa, WayAhead

Decisions should be made by consensus (i.e. members are satisfied with the decision even though it may not be their first choice). If not possible, options including tabling matters for the next meeting, requesting further details from interested parties, or decision to be made by chair.

Meeting agendas minutes will be provided by Asha Zappa, WayAhead, this includes:

- Preparing agendas and supporting papers
- Preparing meeting notes and information.

Meetings will be held quarterly at WayAhead offices, 80 William Street, Woolloomooloo

6. Amendment, Modification or Variation

This Terms of Reference may be amended, varied or modified in writing after consultation and agreement by MHPRG members.