



Mental Health Month 2017
Small Grants Program- Youth
Grant

Application Form



This grant has been sponsored by the NSW Government.

| | | | |
|--|--|--------|--|
| <i>Please highlight which of the following grant amount you are applying for:</i> | | | |
| Youth Grant: | \$1000 | \$500 | |
| <i>Please provide the following information about yourself and your organisation:</i> | | | |
| Name: | | | |
| Position: | | | |
| Organisation: | | | |
| Postal Address: | | | |
| Phone: | | Email: | |
| Where in NSW is this organisation based? (Please highlight) | Sydney Metro or Greater: <input type="radio"/> Rural &/or Remote: <input type="radio"/> | | |
| <i>Please provide a brief description about the organisation, community group or school: (Max 150 words)</i> | | | |
| <i>Please provide the following details about your planned activity:</i> | | | |
| Name of event: | | | |
| Location of event: | | | |
| Expected date of event: | (Event must be held in October 2017) | | |
| Provide a description of the Youth community/ies you will be targeting in this event and its unique characteristics (Max 200 words): In this section, you may want to include the following: <ul style="list-style-type: none">• Demographic: age group (14-24yrs), males/females• High risk factors/vulnerability factors affecting the youth group's mental health e.g. drug and alcohol misuse, bullying, social isolation, unhealthy lifestyle choices etc.• A community need that will be addressed e.g. mental health awareness and understanding, tackling stigma, professional psychological support etc. | | | |
| Expected attendance: | (Approximation of attendees) | | |
| Brief description of the event (Max 200 words): In this section, you may want to include the following: | | | |

- What the event is? E.g. community education, talent show, cultural art and dance events etc. (For tips see page 7 of the Mental Health Month Starter Kit).
- A brief outline of the event's program
- How the event is relevant to the community/ies need/s?
- How the event is relevant to and incorporate the theme 'Share the Journey'?
- A list of partners or other agencies participating in this event with a brief sentence of each

How will you promote the event in your local community? (Max 200 words):

In this section, you may want to include the following:

- What specific actions/strategies will be taken to promote the event to the targeted Youth community/ies? E.g. pamphlet distribution at local libraries and community centres, school newsletters etc.
- Which media outlets will you use? E.g. social media, local newspaper and radio station,
- Mention (if any) specific community organisations/groups helping to promote event
- Mention (if any) workers/networks engaged to promote the event - indicate how workers/networks will do so

What are the short-term/immediate goals of the event and the anticipated long-term outcomes of the event? (Please list; max 200 words)

In this section, you may want to include:

- The link between the short term goal(s) and the overall event goal(s) e.g. if organising a youth education event, one of the goals could be 'the distribution of mental health resources and information about youth-related services'
- What are the mental health need/s of the community/ies that will be addressed short term e.g. greater awareness of mental health issues and the importance of seeking relevant help
- Mention the change (long-term outcome) you anticipate for the Youth community/ies as a result of the event e.g. reducing the social stigma around help seeking and increased access to youth-related mental health services
- What mental health need/s within the Youth community/ies will be addressed long term?
- How will you collect this data?

Has there been a focus on Mental Health Month in previous years in the targeted Youth community/ies? If so, for how many years and how was it celebrated? (Max 100 words)

Please provide information on:

- Previous youth-related events held for mental health awareness around October or during other times in the year
- If not, you may like to mention your passion about raising mental health awareness in your targeted youth community/ies

How will this event engage young people and create links to mental health services? (Max 200 words)

In this section, include:

- Mention how the event activities may help encourage young people to speak up about mental health.
- Examples of some engagement strategies that will be used e.g. showcasing the importance of mental health services to the community
- You may provide examples of sectors that aren't linked to mental health services such as youth, carers, community services and centres

How will young people engage in the development of the project/event idea? (Max 150 words)

You may want to include the following:

- Brainstorming or Consultation sessions
- Committee of young people
- Use of surveys

How did you hear about our small grants for Mental Health Month? (Please highlight)

- Applied previously
- WayAhead e-news
- WayAhead Website
- Print media
- Google
- Word of mouth from family, friends etc.
- Social media such as Facebook, Twitter or Instagram
- Other e-news (please specify)
- Other services (please specify)

Please complete the attached budget outlining how the grant funds will be spent:

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In this section – Please ensure that you’re approximate spending totals the grant you are applying for. E.g. If applying for \$1,000 total expenditure must equal \$1,000 vice versa for \$500 grant applications.

| INCOME | |
|---|-----------|
| Item | \$ |
| Mental Health Month Small Grant (Please state the grant amount you are applying for) | |
| Sponsorship (if any) | |
| | |
| | |
| | |
| Total income | |

| EXPENDITURE | | |
|--------------------------|-----------------|------------------------------|
| Item | Total \$ | Grant Contribution \$ |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| Total Expenditure | | |

Important

- By making this application you agree that if you are successful in receiving a small grant but are for some reason not able to hold your event you will return the grant funds to the WayAhead - Mental Health Association NSW
- Grant recipients must also return a brief report on their event. As part of this report we ask grant recipients to distribute feedback forms to event participants. A guide for this report, including feedback form, will be provided to grant recipients and is available for review upon request.
- Please send your completed Grant application to grants@wayahead.org.au by 5pm, Friday 21st of July.